

## \$0 Cost-share Contraceptive Medications & Products

# Traditional PDL<sup>1,2</sup>

Effective Aug. 1, 2012 or upon your plan's renewal date

### Hormonal Contraceptives

Brand Hormonal Contraceptives
Natazia
Generic Hormonal Contraceptives
Altavera, Levora-28, Portia (generic Nordette)
Amethia, Camrese (generic Seasonique)
Amethia, Camrese Lo (generic LoSeasonique)
Amethyst (generic Lybrel)
Apri, Emoquette, Reclipsen (generic Desogen, Ortho-Cept)
Aranelle, Leena (generic Tri-Norinyl)
Aviane, Lessina, Lutera, Orsythia, Sronyx (generic Alesse)
Azurette, Kariva (generic Mircette)
Balziva, Briellyn, Zenchent (generic Ovcon-35)
Camila, Errin, Heather, Jolivette, Nora-BE (generic Micronor, Nor-Q-D)
Caziant, Velivet (generic Cyclessa)
Cyclafem 1/35, Necon 1/35, Nortrel 1/35 (generic Ortho-Novum 1/35)
Cyclafem 1/35, Necon 1/35, Nortrel 1/35 (generic Ortho-Novum 1/35)
Cryselle, Low-Ogestrel, Ogestrel (generic Lo/Ovral, Ovral)
Enpresse, Trivora-28 (generic Triphasil)
Gianvi, Loryna (generic Yaz)
Gildess FE, Junel FE, Microgestin FE (generic Loestrin FE)
Introvale, Jolessa, Quasense (generic Seasonale)
Junel, Microgestin (generic Loestrin)
Kelnor, Zovia 1/35E (generic Demulen 1/35)
medroxyprogesterone acetate (generic Depo-Provera)
Mononessa, Previfem, Sprintec (generic Ortho-Cyclen)
Necon 1/50 (generic Norinyl 1/50)
Necon 0.5/35, Nortrel 0.5/35 (generic Brevicon, Modicon)
Necon 10/11 (generic Ortho-Novum 10/11)
Ocella, Syeda, Zarah (generic Yasmin)
Tilia FE, Tri-Legest FE (generic Estrostep FE)
Trinessa, Tri-Previfem, Tri-Sprintec (generic Ortho Tri-Cyclen)
Zenchent FE, Zeosa (generic Femcon FE)
Zovia 1/50E (generic Demulen 1/50)

### Emergency Contraceptives

Brand Emergency Contraceptives
ella
Plan B One-Step <sup>3</sup>
Generic Emergency Contraceptives
Levonorgestrel, Next Choice (generic Plan B) <sup>3</sup>

### Diaphragms

Brand Diaphragms
Femcap
Ortho All-Flex
Ortho-Diaphragm

<sup>1</sup> Please note this list is subject to change.

<sup>2</sup> Always refer to your benefit plan materials to determine your coverage for medications and cost share. Some medications listed on the PDL may not be covered under your specific benefit. Where differences are noted, the benefit plan documents will govern.

<sup>3</sup> \$0 cost-share only if prescription is provided by physician.

## Health Care Reform

# Pharmacy Benefit Contraception Coverage Frequently Asked Questions

We know that many of our clients have questions about the pharmacy benefit contraception coverage required by the Patient Protection and Affordable Care Act, or “health reform law” effective Aug. 1, 2012. In response, we have prepared the following FAQ to address what is happening, when, and steps UnitedHealthcare is taking to help manage the added costs represented by this new coverage requirement.

If you need more information, please contact your UnitedHealthcare representative or, visit UnitedHealthcare’s United for Reform Resource Center.

### What is changing?

The new health reform law will require coverage of FDA-approved contraceptive methods for women at 100 percent, without charging a copayment, coinsurance or deductible, when filled at a network pharmacy. Items available without a prescription, such as condoms and spermicidal agents, are not covered under the health reform law.

### When do the changes take effect?

- ▶ **Fully insured commercial groups** will begin required contraceptive coverage on Aug. 1, 2012 regardless of renewal date.
- ▶ **Self-insured groups** will begin required contraceptive coverage upon their benefit plan renewal date – on or after Aug. 1, 2012. For most self-funded groups, this will be Jan. 1, 2013.
- ▶ For **new** fully insured and self-funded business, the required changes will be implemented when their benefit plans begin, on or after Aug 1, 2012.

### How will the new changes affect my pharmacy coverage?

To satisfy this requirement, we have created a new list of Tier 1 contraceptives on the Traditional PDL, listed on the other side of this page. These contraceptives will be available at no cost to members on both standard and high-deductible or consumer-driven health (CDH) plans.

### What is UnitedHealthcare doing to manage the cost of this coverage?

The health reform law specifically permits health insurance plans to use reasonable medical management techniques such as tiering to manage the new preventive services. Specifically, UnitedHealthcare has determined that contraceptives with the same progestin are equivalent to each other. Therefore, each unique progestin contraceptive medication will be represented in Tier 1, making sure women have access to a variety of contraceptives at no cost-share. Other contraceptives will be covered in higher-cost tiers at the applicable plan cost-share.

The number of contraceptive options in each tier, which is subject to change, is listed below:

PDL Type	Number of Tier 1 Contraceptive Options	Number of Tier 2 Contraceptive Options	Number of Tier 3 Contraceptive Options
Traditional PDL	38*	2*	8*

\* Count is based on the chemical or each unique product represented; there may be multiple medication names for each.

### Are there exceptions for customers who do not want to implement this reform provision?

Yes, there are some exceptions. If your plan is grandfathered, has a religious exemption, or is eligible for the one-year safe harbor exemption, your plan may be exempt. However, customers must provide the correct certifications **prior to either Aug. 1, or their renewal date**, in order to qualify. If you believe that your firm qualifies for an exemption, please contact your broker, consultant, or UnitedHealthcare representative immediately.

### What if I have a high-deductible or consumer-driven health (CDH) plan?

The same no-cost option contraceptive medications will be available for your members. However, if a member fills a prescription for covered birth control products not on your plan’s no-cost drug list, they will need to pay the full cost, until your pharmacy plan deductible is reached.

### Will UnitedHealthcare communicate this change to my enrolled population?

Yes. For fully insured UnitedHealthcare and SignatureValue groups, member letters with a no-cost contraceptive drug list will be mailed on or around July 1, 2012. For self-funded groups, your UnitedHealthcare representative can provide you with a general member letter and drug list to distribute prior to your renewal date. In addition, information will be available to members on myuhc.com by July 1, or by calling the number on their health ID card.

### What if the health care reform law requirements for women’s contraceptive coverage change?

If the law requiring plans to provide birth control at no cost changes, we will keep you informed of how our plans will comply with these changes through our standard client communication vehicles.

