EXPERIENCE
OUR PAST
BE PART OF
OUR FUTURE

#UHARTTRADITIONS

UNIVERSITY OF HARTFORD
YOU ARE HAWK NATION!

You are linked to those who have walked this path before you. Their voices and experiences will guide you and shape you, so you can make every moment matter.

This is the time to get involved! Experience campus. Paint the anchor. Join a club. Play frisbee on the campus green. Arrange the rocks under the Hog River bridge. Make friends everywhere you go. Experience UHart’s traditions and make your own—extend the UHart legacy to the next generation.

This book, along with those who have walked the path before you, will be your guide to making the most of your UHart experience. Hold on to it, track your journey, and earn prizes for completing UHart traditions.

GET READY . . .
WELCOME TO HAWK NATION

CHAPTER 1
The next four years will go faster than you can imagine. As a proud alumna, I encourage you not to wait until you graduate to get involved with the Alumni Association. Building relationships with alumni throughout your four years will contribute to the value of your degree. Alumni will be ever-present, so meet them, learn from them, and share with them your own UHart experience.

“Students Today, Hawks Forever” is more than just a motto. It’s something we hope you’ll live every day.

We’re glad you’re here.

Carolyn Bligh ’87
President
University of Hartford Alumni Association

Over your four years, you will work harder and be more challenged than ever before, and you will have more fun than you ever have had. You will have wonderful experiences and develop lifelong relationships, and I am certain you will learn more about yourself and what you want out of life through the UHart experience. Know too, that my office can serve as a place to go when you don’t know where else to turn.

I wish you well as you embark on this remarkable journey.

Welcome to the University of Hartford.

J. Lee Peters
Vice President for Student Affairs

There is so much of wonder in this world. Endless wonder. Infinite discovery, and pure joy.

In preparing to write to you, I was thinking about hawks, and so I read a little about them. Incredible creatures; one of the highest avian IQs, with eyes of incredible power, able to perceive an ultraviolet spectrum and magnetic fields unseen to man. With just a short burst of energy, hawks create the momentum to glide almost endlessly through space, then dive in an instant at speeds up to 150 miles per hour. Perfectly designed to do what they do, precise machines in a majestic spirit.

What wonder! And a wonder, I have discovered, not lost on hundreds of poets, including three of my favorite. I will tease you with just one quotation:

Robert Penn Warren begins Evening Hawk with this stanza:

From plane of light to plane, wings dipping through
Geometries and orchids that the sunset builds,
Out of the peak’s black angularity of shadow, riding
The last tumbling avalanche of
Light above pines and the guttural gorge,
The hawk comes...

Here is what I wish as you begin your journey here; that you train yourself to be open to the wonder around you, that you become filled with incessant curiosity, that you use your elevated vision to see deeply and clearly, that you spread your wings and glide... and dive, as you will.

We are here to push you off the ledge, guide you in your flight, and support you when the winds let you down.

Welcome Hawks. Soar!

Gregory Woodward
President

WELCOME TO HAWK COUNTRY
EXPERIENCE THE ARTS.
Learning happens well beyond the classroom. The arts can transform how you think, problem solve, and engage with the world. Discover the fantastic diversity of free lectures, exhibitions, and performances at UHart.

Betsy Cooper
Dean, The Hartt School

FIND YOUR INNER POTENTIAL.
Take advantage of all the University has to offer. Wander into an art gallery, hear a guest speaker, go to a sporting event.

David Goldenberg A’73, ’76, M’76
Dean, Hillyer College
Interim Dean, College of Education, Nursing and Health Professions

EMAIL FACULTY
WITH QUESTIONS.
Visit them during office hours and seek out opportunities to collaborate with them outside the classroom. These mentoring relationships will not only enrich your academic experience, but will help prepare you for careers and life after college.

Katherine A. Black
Dean, College of Arts and Sciences

STEP OUTSIDE OF YOUR COMFORT ZONE.
Take advantage of the rich collection of disciplines and expertise that we have on campus. Your faculty want to share their fields with you to enrich whatever your career aspirations may be.

Louis Manzione
Dean, College of Engineering, Technology, and Architecture

GET INVOLVED!
Find organizations that match your interests and take on leadership roles. Put into practice what you learn in class and shape your personal brand.

Martin Roth
Dean, Barney School of Business

ASK QUESTIONS!
The University is full of resources, and everyone here has your best interest at heart.

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WORDS of Wisdom

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Now that you’re here, it’s time to make your mark, to leave your footprint on the University of Hartford—it’s time to be a Traditions Keeper. This book will serve as your resource and guide as you learn what it means to be a Hawk. Are you ready to start making your own memories?

In your hands you hold your Traditions Keeper guidebook. Now put on your UHart T-shirt, and head to Convocation to be part of the BIG H to participate in your FIRST TRADITION. Take a selfie and use the hashtag.

Complete the Traditions checklist on the next page. Snap photos of you and your friends and post them with the hashtag #UHARTTRADITIONS. Make your posts public, or tag @UHartAlumni so others can follow your journey and track your progress!

Keep an eye out for #UHARTTRADITIONS emails each semester, letting you know of upcoming traditions, and prizes you can earn along the way!

Complete the traditions by graduation to become an official UHart Traditions Keeper. You’ll receive a Traditions Keeper pin that grants you VIP status at all alumni events!

#UHARTTRADITIONS

#BEATRADITIONS
Start your journey today... grab a friend, roommate, classmate, or even your “Big” to join you in becoming a Traditions Keeper. Don’t forget to check in with the Student Alumni Association at any of their co-sponsored events (pg. 13), by emailing saa@hartford.edu, and by hashtagging #UHARTTRADITIONS to claim your swag and help add more traditions to UHart’s history.

TRADITIONS CHECKLIST

Check Box. Take Photo. Post on Facebook, Twitter, and Instagram. Hashtag #UHARTTRADITIONS. Make the post public so we can follow along!

YOUR FIRST STEPS complete at least 20

- Kiss your ID at Orientation.
- Get to know your advisor.
- Attend a student show at The Hartt School.
- Attend an International Week event.
- Give Howie a high five—Get a photo!
- Attend the Volunteer Fair.
- Attend a sporting event each semester.
- Attend Midnight Mania.
- Get involved with the Center for Community Service.
- Attend Spring Fling.
- Chow down at Midnight Breakfast.

ALONG THE ROAD complete at least 8

- Attend a student colloquium, symposium.
- Attend a free lecture each semester.
- Participate in Hawks Helping Hartford.
- Play bingo on Spring Fling weekend.
- Grab a sandwich at Backstage Cafe.
- Run the Hawktober 5K.
- Go to Blue Back Square and West Hartford Center.
- Go ice skating for free in Bushnell Park.
- Climb Talcott Mountain in Simsbury.
- Participate in Alternative Spring Break.

LEADING THE WAY complete at least 8

- Go to a Hartford Art School gallery opening.
- Participate in the UHart Career Mentoring program.
- Meet with Career Services.
- Participate in Hawks Helping Hartford.
- Play bingo on Spring Fling weekend.
- Grab a sandwich at Backstage Cafe.
- Run the Hawktober 5K.
- Go to Blue Back Square and West Hartford Center.
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SHOW YOUR HAWK PRIDE AND BE A TRADITIONS KEEPER. Participate in as many UHart traditions as possible, sharing in the stories of those who have gone before you. Some traditions are rites of passage, some spread the UHart mission, some are new, and the rest are just plain fun!
Student leaders and UHart organizations work to preserve University of Hartford traditions and develop new events that create lasting connections between students and alumni. By participating in UHart traditions, you are having shared experiences that help create valuable bonds. Students have the opportunity to connect with alumni during a number of programs such as Express to Success, which pairs students with alumni professionals for job shadowing. Take advantage of opportunities on campus to connect you to UHart’s proud alumni network.

» Hawktober Week
» R U LinkedIn?
» Life Fair
» Thank-A-Giver Day
» Career-Bridge
» Founders’ Day
» UHart Career Mentoring
» Count Down to Graduation
» A Cappella Alumni Reunion
» Alumni Fire

... and many, many more.
Living on campus allows you to experience college life and explore your new independence. UHart Resident Assistants (RAs) are here to guide you on your journey. They are mentors, leaders, helpers, programmers, counselors, and friends.

While a resident at UHart, take the opportunity to serve on a Hall Council or the Residence Hall Association (RHA). Hall Council members work to empower residents to stay connected and invested in the development of their community by planning activities and discussing solutions to common issues. RHA is a student organization dedicated to improving the quality of the residential experience at UHart. RHA advocates for residential students to help create a dynamic campus experience that is both successful and rewarding. Talk to your RA about this opportunity.
RESOURCES

» ALLEN LIBRARY
Looking for a recording of Beethoven’s Fifth Symphony or a video featuring avant-garde dance? Located on the lower level of the Harrison Libraries building, ALLEN LIBRARY supports The Hartt School programs by housing a variety of music and dance materials, including 22,000 books and bound journals, 37,000 scores, more than 22,000 sound recordings, and 700 videocassettes and DVDs.

» CAREER SERVICES
Need help choosing a major, writing a cover letter, or preparing for interviews? Located on the main floor of the Gengras Student Union (GSU 207), CAREER SERVICES is ready to help you acquire the tools you need to make effective career decisions during each phase of your academic career. It’s never too soon to make an appointment!

» STUDENT SUCCESS CENTER (SSC)
Have questions? SSC has the answers. Located in the rear of B Complex next to Alumni Plaza and The Commons, the STUDENT SUCCESS CENTER (SSC) is ready to offer advice and help you face your challenges, both on campus and off.

» CENTER FOR READING AND WRITING
Not sure about the topic for your next paper or feeling like your grammar skills are a bit rusty? Visit the helpful professional and peer tutors at the CENTER FOR READING AND WRITING, located on the main floor of Auerbach Hall, for assistance with a variety of writing issues including organization, clarity, formatting, citations, and generating research and ideas.

» STUDY ABROAD OFFICE
Ever dreamed of studying Shakespeare in London, exploring the Coliseum in Rome, or joining an archaeological dig in Israel? Visit the STUDY ABROAD OFFICE, located on the top floor of GSU, and explore the multitude of life-changing opportunities and locations waiting to be explored.

» CENTER FOR COMMUNITY SERVICE
Ready to get your hands dirty and help out? Located on the main floor of GSU, the CENTER FOR COMMUNITY SERVICE serves as a resource for students and provides opportunities for civic engagement, volunteerism, and service learning with agencies throughout the Greater Hartford area.

» GREEK LIFE OFFICE
Are you considering a fraternity or sorority? Visit the GREEK LIFE OFFICE, located in the basement of GSU near the mailroom to learn about the seven fraternities, six sororities, and two governing councils at UHart.

» STUDENT GOVERNMENT ASSOCIATION (SGA)
Ready to get involved? Start your journey at the STUDENT GOVERNMENT ASSOCIATION (SGA), located in the basement of Howie’s Snack Shack. SGA’s mission is to raise student awareness, promote student involvement, and represent the voice of the students on campus. SGA also serves as a resource where you can learn about other on-campus clubs, groups, and organizations.

» INTRAMURAL SPORTS
Are you ready to play? Join in the fun at one of UHart’s INTRAMURAL sports teams including soccer, basketball, volleyball, and women’s and men’s rugby, and Frisbee. Learn more about Intramurals at the Sports Center or Sports Clubs at SGA.

» HARTFORD HILLEL
Looking for somewhere to celebrate Shabbat or learn more about kosher food options on campus? Located on the first floor of Park River, HARTFORD HILLEL offers a variety of events including a weekly Shabbat service, activities, and guidance to Jewish students on campus.

» STUDENT MEDIA ORGANIZATIONS
Do you dream of becoming a writer, editor, disc jockey, or news anchor? It’s time to live out your dream in one of the STUDENT MEDIA ORGANIZATIONS on campus including The Informer newspaper, STN (Student Television Network), WSAM 105.3 and WWUH 91.3 radio, the Aerie literary journal, and Hartbeat magazine.

GET INVOLVED

» INTERNATIONAL CENTER
Looking for a place to worship or interested in exploring matters of faith? CAMPUS MINISTRIES, located in the lower level of GSU, offers Catholic and Protestant discussion groups, clubs, social events, and services. The INTERNATIONAL CENTER, located in GSU 122, offers information on the Muslim Student Association, which hosts Friday Prayer (Jummu’a Prayer) in GSU 311-333.

» THE WOMEN’S ADVANCEMENT INITIATIVE
Built on the rich heritage of Hartford College for Women, this program positions women for success through education, leadership programs; research and scholarship opportunities; and career connections and experiences. Learn more from the staff in Dana Hall 429/431.

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ENGAGE IN ALL UHART HAS TO OFFER! EXCEED YOUR EXPECTATIONS

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RESOURCES
Are you ready to explore? Exploring a 350-acre campus can be daunting, especially if you’re just looking for a quiet place to study or to meet people. We’ve provided a few of UHart’s “hottest” spots to get you started on your journey.

- **ALUMNI PLAZA**
  - Live music, a carnival, a photo booth— you never know what you’ll find at the H!

- **SILPE AND JOSELOFF ART GALLERIES**
  - UHart’s creative hubs experience the world from a new angle.

- **HOG RIVER BRIDGE**
  - Gateway to the “other side.” Don’t forget to read the rocks.

- **THE COMMONS**
  - Newly renovated dining space upstairs, Hawk’s Nest downstairs.

- **GENGRAS STUDENT UNION**
  - Indoor hub of student activity. Don’t miss the basement game room.

- **WEST HARTFORD CENTER**
  - Great food, shopping, Ben and Jerry’s ice cream, and Sweet Frog.

- **SPOTLIGHT THEATRES**
  - Enjoy a movie in downtown Hartford! Find more restaurants and nightlife on Front Street after.

- **HARRY’S PIZZA**
  - Featured in Food and Beverage Magazine. Specialty pizza including gluten-free. Locations in Bishops Corner and West Hartford Center.

- **BEARS BBQ**
  - Kansas City-style barbecue served cafeteria style in downtown Hartford means you can get brisket, pulled pork, mac and cheese, AND corn bread piled high on one dish.

- **YARD GOATS**
  - Attend a Yard Goats baseball game at the new Dunkin’ Donuts Park.

- **LOCAL HOT SPOTS**
  - Once you’ve gotten to know campus, it’s time to hop on the shuttle and head off campus to get to know the surrounding communities. From shopping areas and restaurants to gardens and movie theaters, West Hartford, Hartford, and Bloomfield have something for everyone.
YOU’LL ONLY BE BORED WHEN YOU WANT TO BE.
THE RED AND THE WHITE
Alma Mater of the University of Hartford

Verse 1
Oh, University of Hartford,
A legacy that will not end,
Your banners high and colors brilliant
Give strength as we this world amend.

Chorus
Red to fire our soul’s passion,
As we proudly sing your praise.
White to guide our ev’ry action,
Now, tomorrow, all our days.

Verse 2
University of Hartford,
Where all our thoughts were first set free,
With peer, true friend, and mentor,
We toiled for honor, truth, and honesty.

Repeat chorus.

FLY HIGH
Fight Song of the Hartford Hawks

Fly high, Hawks, fly high,
And know that victory is nigh,
Let’s try, Hawks, let’s try,
For we know it’s do or die.

By courage be led.
Have pride in the dear old white and red.
Fly high, Hawks, fly high,
And soar to glory in the sky.
According to a popular legend, the basketball team of the University’s predecessor, Hillyer College, was called the “Fightin’ Hawks” because the gymnasium was located on the top floor of the Hillyer College building, among the rafters. However, information provided by the original Hillyer College newspaper, The Hillyer Callboard, suggests the Hawk mascot’s original name, Harry, may have been coined by Hillyer College Bursar C. Richard Ericson in 1947. During the 1970s, the Hawk was revived as UHart mascot and was renamed Manny. The name stuck and Howie was known as Manny as late as 1976. At some point, Manny went back to Harry before finally evolving into Howie after Howie Kassman (bottom left), who wore the Hawk costume from 1985 to 1990.
The 3-ton anchor was originally positioned on the USS Hartford, the flagship of Admiral David G. Farragut and known by many historians as the salvation of the nation during the Civil War. The anchor arrived on campus in March 1958, and stands 13 feet tall with 10-foot-wide flukes. Painted over 30 times a year by UHart students, hundreds of layers of paint applied over decades tell the unique stories of the University—its students, faculty, staff, and alumni.
In 1959, Dr. Martin Luther King Jr. spoke in the city of Hartford as a guest of the University of Hartford. Malcolm X spoke at the University in 1963.

In 1972, a pie-throwing contest between former UHart President Archibald Woodruff and Student Senate President Eric Litsky '73 attracted national attention. The competition was designed to ease tensions in a time of great civil unrest, both on and off campus. The "fight" was featured in Life magazine and achieved its goal of diffusing tensions on campus.

Registered by students as Leo D. Canine, a basset hound nearly become a member of the Class of 1982 at the University! Leo's application bounced because someone noticed he had no ZIP Code.

Theta Chi, the first fraternity, came to campus in 1969. Alpha Xi Delta, the first sorority, arrived in 1985. Today the University has 13 chapters of fraternities and sororities making up its Greek Life.

Six oak trees stand in a row along a sidewalk on the campus green, and serve as memorials to the six University of Hartford alumni who lost their lives on 9/11 at the World Trade Center.

The Hog River, the stretch of water that lies between the residential and academic sides of campus, runs under the City of Hartford.

Among the many standout student-athletes who became professionals are potential baseball Hall-of-Famer Jeff Bagwell '89 and PGA Tour golfer Jerry Kelly '89.

The Hartford Art School, Hillyer College, and the Hartt School of Music came together in 1957 to form the University of Hartford. Olivia Clemens (Mrs. Mark Twain) and Harriet Beecher Stowe were among five women who founded the Hartford Art School in 1877.

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Better yet, make one of your own.

#UHARTTRADITIONS
CHAPTER 7

STUDENTS TODAY, HAWKS FOREVER
HAWKS ARE EVERYWHERE AND EAGER TO HELP

MARY MURPHY ’04
You will be amazed at how many alumni you’ll run into while wearing a UHart shirt. We’re everywhere! Staying connected makes networking—and job hunting—easier. Come out to Hawktober Weekend, a basketball game, art show, or performance. Alumni are always ready to help out a fellow Hawk.

ELITE ARSENAULT ’12
A few years after graduating, I find myself reflecting on my time as an undergrad more and more. I am thankful for all the experiences I had, the people I met, the friends I made, and the opportunities that this school gave to me. Because of my time here, I chose to remain an active part of the University as an alumnus. I find myself routinely calling on fellow graduates and current staff members of the University for advice and networking opportunities that have helped me to grow professionally. I also look forward to sharing my career experience with current students like you. Just as your time as an undergraduate is what you make of it, your time as a graduate is too!

KAREN BOTCHELLE ‘03
I was involved as a student at UHart through SGA, Red Caps, Panhellenic Council, and athletics programs, and I enjoy knowing that my continued involvement as an alumna helps give back to the community where I found my lifelong best friends and honed my leadership skills. I have enjoyed attending Boston alumni events throughout the past few years and would encourage all students to take advantage of the help and resources that alumni can provide. UHart is a worldwide family—there are UHart connections everywhere!

KAITLIN WALSH ’02, M ’04
My path from my degrees to my career was not a traditional one—I majored in Spanish and communication, and am now an instructional designer. But I have the University of Hartford to thank for this, as it opened up many exciting possibilities for me. I choose to stay connected because I want other students to see the full range of possibilities a University of Hartford degree can provide. The University continues to do great things, and I am excited to be a part of it!

OUR DISTINCTIVE STUDENTS BECOME DISTINGUISHED ALUMNI

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ELITE RUBIN ’98
I chose to be an active part of the UHart Alumni community after taking a step back and thinking about what the University of Hartford meant to me. At the end of the day, a university is more than just a bunch of buildings with an educational component attached to them. It really is people—experimenting, learning, trying to find their way to what they want to do with the rest of their lives.

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YOU NAME HERE

KATHY BEHRENS ’85: President of Social Responsibility and Player Programs for the National Basketball Association.

RICHARD CARDIN ’62: Retired Head of Corporate Human Relations, UPS.

DAVID CORDANDI M ’95: President and CEO, O dirigia.

JAVIER COLON ’06: Universal Republic Records singer and songwriter who won NBC’s reality competition The Voice.

CHRISTINE Dwyer ’07: Actress who recently played Elphaba in the hit Broadway musical Wicked.

DANIEL ARSENAULT ’12
A few years after graduating, I find myself reflecting on my time as an undergrad more and more. I am thankful for all the experiences I had, the people I met, the friends I made, and the opportunities that this school gave to me. Because of my time here, I chose to remain an active part of the University as an alumnus. I find myself routinely calling on fellow graduates and current staff members of the University for advice and networking opportunities that have helped me to grow professionally. I also look forward to sharing my career experience with current students like you. Just as your time as an undergraduate is what you make of it, your time as a graduate is too!

KAREN BOTCHELLE ‘03
I was involved as a student at UHart through SGA, Red Caps, Panhellenic Council, and athletics programs, and I enjoy knowing that my continued involvement as an alumna helps give back to the community where I found my lifelong best friends and honed my leadership skills. I have enjoyed attending Boston alumni events throughout the past few years and would encourage all students to take advantage of the help and resources that alumni can provide. UHart is a worldwide family—there are UHart connections everywhere!

ELITE RUBIN ’98
I chose to be an active part of the UHart Alumni community after taking a step back and thinking about what the University of Hartford meant to me. At the end of the day, a university is more than just a bunch of buildings with an educational component attached to them. It really is people—experimenting, learning, trying to find their way to what they want to do with the rest of their lives.

KAITLIN WALSH ’02, M ’04
My path from my degrees to my career was not a traditional one—I majored in Spanish and communication, and am now an instructional designer. But I have the University of Hartford to thank for this, as it opened up many exciting possibilities for me. I choose to stay connected because I want other students to see the full range of possibilities a University of Hartford degree can provide. The University continues to do great things, and I am excited to be a part of it!

YOU NAME HERE
STAY CONNECTED

Your connection with UHart doesn’t end at graduation. In fact, the network of Hawks grows even larger as you join a group of over 80,000 alumni. Stay connected with this group of people. They care about you. The Alumni Association exists to help strengthen those relationships, through reunions, regional events, career advice, and so much more.

WAYS TO CONNECT

FOLLOW THE ALUMNI ASSOCIATION ON SOCIAL MEDIA
For fun photos and stories about alumni and students, #TBTs, and news about UHart.

CHECK OUT THE ALUMNI EVENTS CALENDAR
Find regional events in your area or attend an alumni event on campus.

HARTFORD.EDU/ALUMNI
Access UHart’s Alumni Website.

HARTFORD ALUMNIFIRE.COM
An career networking tool just for UHart alumni. While LinkedIn keeps you connected to people you know, AlumniFire connects you to people you don’t know, but are willing to help. Utilize the vast alumni network.

PROVIDE YOUR CURRENT INFORMATION
Are we up-to-date? Send us your updated info so we can contact you about events and networking opportunities near you!

HARTFORD.ALUMNIFIRE.COM

READ “THE LINK”
Stay informed with this monthly alumni e-newsletter.

SUBMIT CLASS NOTES
Be featured online and in the Observer, UHart’s University magazine. Visit anchoronline.org/ClassNotes

DON’T FORGET

ALUMNI PERKS

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Car and Hotel Discounts
Campus Events Discounts
Sports Center Membership
Campus Facility Rentals
UHart License Plates
UHart Gear
Access to Transcripts
Alumni ID Cards
Alumni Gatherings
Access to Career Services
National Networking Nights
Express to Success Mentoring

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LOOK FORWARD TO THESE ALUMNI PERKS AND CONNECTIONS AFTER GRADUATION!
This traditions book has been an exciting project to create and give to the next generation of Hawks. We appreciate the eagerness to participate by nearly every aspect of our community—students, alumni, faculty, staff, and administrators. In particular the Alumni Relations staff and the Alumni Association wish to acknowledge our campus partners for their vision through this process. To everyone involved in this effort, we say thank you!

While sincere effort was made to share the highlights of the University of Hartford’s traditions, there may be some items we overlooked.

Think we missed something important? Let us know!

Want to get involved with student-alumni events and initiatives? Email the Student Alumni Association at saa@hartford.edu.